



Canberra Jung Society

Event bulletin — March Extra 2020

All face-to-face meetings suspended due to coronavirus pandemic

President's message

The Canberra Jung Society has decided to suspend all face-to-face Friday night lectures and Saturday workshops due to the Covid-19 pandemic.

We are going online with ZOOM™ video conferencing, starting with our meeting on 3 April led by Kirstin Robertson-Gillam (details on page 3).

You can download the free ZOOM application software from Google Play (for mobiles) or directly from www.zoom.us for desktops/tablets, or just click on the meeting link well before the meeting starts and follow the simple instructions. More details about how the link works are on page 2.

On behalf of the Committee, I hope you are bearing up with these enforced restrictions. I encourage you to join us at our online meetings. Stay safe and keep in touch with friends and family.



Jeanne James, President



The Canberra Jung Society is a non-profit organisation providing contact for people interested in the psychological insights of the Swiss psychologist Carl Gustav Jung.

Canberra Jung Society

Registered association A01840
PO Box 554, Dickson ACT 2602

You are receiving this bulletin because you have previously indicated your wish to keep in touch with the Canberra Jung Society.

Joining a ZOOM meeting



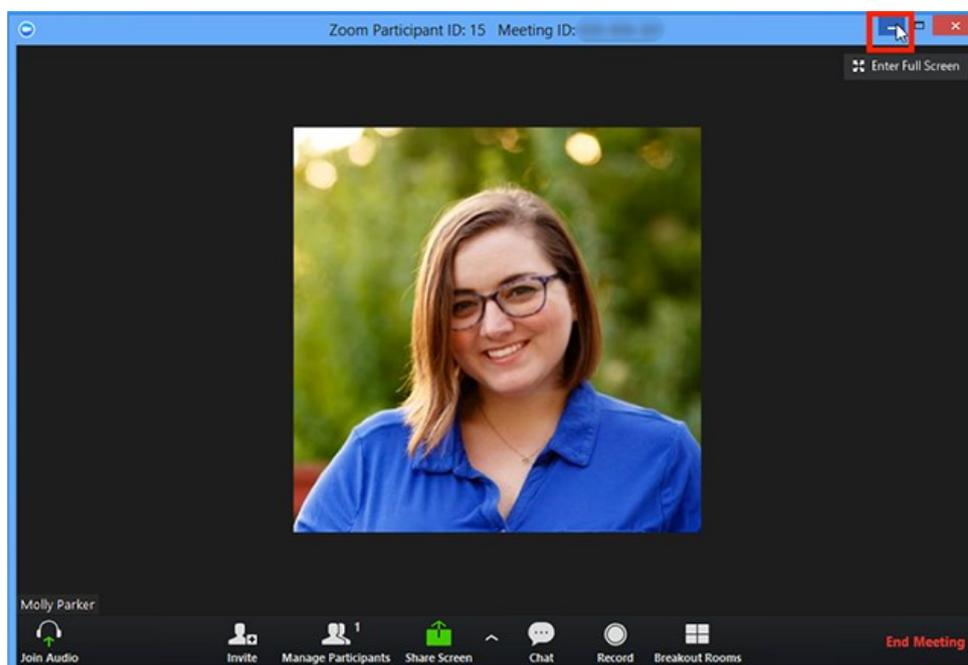
- 1 Download and install the ZOOM application software on to your computer prior to a meeting.
Go to Google Play for mobiles or www.zoom.us for desktops/ tablets.
Check that the speakers are switched on.

- 2 The links to connect into the Canberra Jung Society's ZOOM meetings are:
Computer access: <https://zoom.us/j/288608582>
Phone access: 02 8015 6011 with meeting ID 288608582

More information about joining a meeting is available at:
<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>

- 3 When you are linked into the ZOOM meeting, you will hear and see the speaker on the side of the PowerPoint presentation.

- 4 You can write comments and questions with the CHAT function during the lecture, or use the RAISE YOUR HAND function to speak during the Q&A session. You can see CHAT by moving your mouse to the bottom of the screen on a desktop computer. CHAT messages will be compiled and the speaker will answer them during question time.



April online event

Featuring Dr Kirstin Robertson-Gillam

Friday evening online lecture, 3 April 2020, 8pm—9:30pm

Addressing trauma with archetypal music and art therapies

Kirstin will discuss and illustrate the deep psychological and archetypal symbolism in music and art from a Jungian perspective.

When psyche is seen and represented in shapes and colours; when psyche sings, dances and plays, the unconscious is accessed, amplified and integrated.

Mandalas were used by Jung to assist himself and his patients to find and express the psyche. Music is also compared to a lucid dream filled with symbolic content and, like our dream ego, our music ego can hear, feel and sense what our conscious selves cannot. (Krocker, 2019)

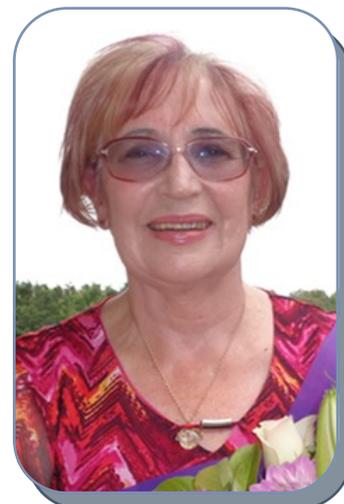
Kirstin's lecture and discussion with participants will be streamed live on ZOOM™ for free and recorded for later viewing on the Canberra Jung Society's website. The ZOOM link is <https://zoom.us/j/288608582>. Alternatively, the phone-in link for audio only is 02 8015 6011 with meeting ID is 288608582.

Further information is available from Kirstin at kirstinrg@bigpond.com or mobile 0409 533 466.

Cost: There is no cost for this online meeting.

Agenda:

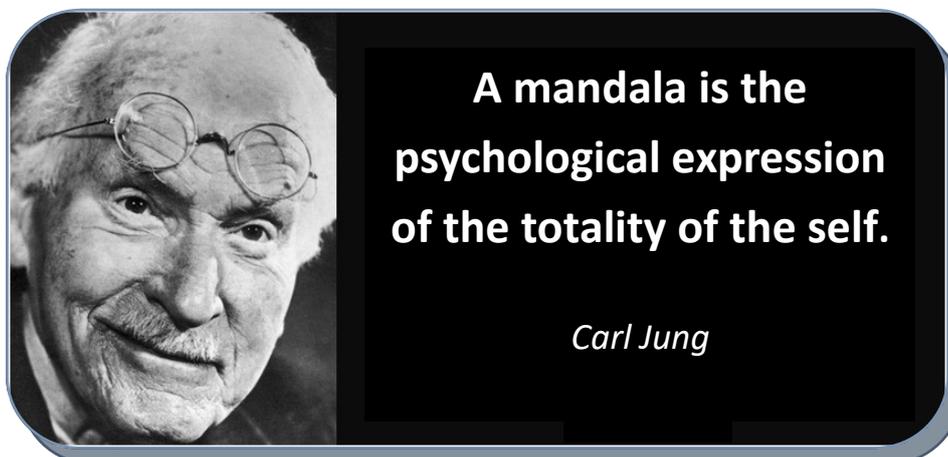
- 8:00pm ZOOM channel opens. Kirstin will begin the one-hour lecture using a split screen incorporating a PowerPoint™ presentation.
- 9:00pm Question time using the Zoom Chat function for you to submit questions. (Questions can be uploaded at anytime during the lecture using the Chat function.)



Kirstin completed a psychology major in her BA degree along with ethnomusicology and musicology majors at the University of New England. She then did a number of higher degrees at Western Sydney University: a Master Counselling, a Master of Arts (Hons), and a PhD. Her PhD focused on reducing depression in mid to later life by participating in a community choir therapy program to reduce depression in mid-later life.

**FOR FURTHER INFORMATION ABOUT THIS MEETING
Phone Kirstin on 0409 533 466 or email kirstinrg@bigpond.com**

PD Certificates will be issued on request.



Jung, C. (1973). *Mandala Symbolism. A Collection of Three Works*. Translated by RFC