Adelaide Race Day

Formation: Couples in a circle facing inwards, ladies on the right of their partner, all holding hands.

Music: 32 Bar Australian 2/4 set tunes.

4 Bars All advance to centre and retire to place.

4 Bars Ladies advance, clap once, return to face partner, ladies finishing with back to centre of circle.

8 Bars Couples 2-hand hold, 8 slip-steps clockwise (man's Left) and back. Finish facing partner in a single circle.

4 Bars Clap Hands: Own hands once, partners right hand once, own hands once, partners left hand once, own hands once, partners right hand once, own hands once, ending with a 2-hand hold with partner.

4 Bars Couples four slip steps to centre and retire.

8 Bars Grand chain to 7th person, counting partner as No. 1.

Notes

A dance presented by Nell Challingsworth in her manual "Bush Dance for Everyone". Presumably from the title the dance originates in South Australia as a celebration of Adelaide picnic race days popular in the past.

(Description provided by Gwen Burke.)