## Polka Cotillon

Quadrille formation, polka steps.
Salute partners, salute corners

| End couples (1 <br> st $\& 2^{\text {nd }}$ couples) cross over with forward polka step. (1 ${ }^{\text {st }}$ <br> couple holding inside hands, $2^{\text {nd }}$ couple pass on the outside). Partners <br> turn under raised arms into places on the opposite side and finish with <br> quick bow and curtsey. | 8 |
| :--- | :--- |
| Side ladies cross with forward polka step, taking right arms linked and <br> swing round one another twice and continue on to opposite places. | 8 |
| Side men cross but link left arms for the swing and continue on to <br> opposite places. | 8 |
| End couples take ballroom hold and circular polka back to places. | 8 |
| Side couples take ballroom hold and circular polka back to places. | 8 |
| End couples turn right, side couples turn left to face one another. In these <br> diagonals, couples promenade round in these 2 separate groups with <br> forward polka steps back to places. | 8 |
| All ladies right hand star in centre using forward polka step while men <br> polka anticlockwise round outside them. | 4 |
| All turn, (left hand star for ladies, clockwise direction for men) polka back <br> to meet partners. | 4 |
| Take both hands and turn round one another with forward polka steps, <br> moving back to places at the same time, and repeat this turn in places. | 8 |
|  | 64 |
| Repeat with side couples leading, $3^{\text {rd }}$ couple will go through centre, 4th <br> on outside etc. | 64 |
| At the end of this repeat, partners take ballroom hold, polka round the <br> set, $1^{\text {st }}$ couple leads out of the set and all polka the hall. | Music as required |
|  |  |

This is the dance as described in the dance book from The Ithaca School of Arts (1884) Queensland. A very similar version is in an English Ballroom Guide by Seaton (1860).

It could be made longer by repeating both End and Sides once more with $2^{\text {nd }}$ couples taking the inside track in the cross-over, then the $4^{\text {th }}$ couple, but the rest of the dance should remain unchanged because the sequence fits the relative positions of the ladies and men at the time.

