Varsovienna

Formation: Couples in Ballroom Hold, Men facing out from centre Music: Varsovienna tunes 32 bar (3/4 time)

- 2 Turning anticlockwise as a couple and moving slightly forward around LOD, dance 3 steps halfway round each other then point new front foot forward. Men start left foot, point right foot; Ladies start right foot, point left foot.
- 2 Turning clockwise, repeat 1-2-3-point movement, pointing other front foot. Men start right foot, point left foot; Ladies start left foot, point right foot.
- 12 Repeat last 4 bars 3 times
- 2 Two Polka Mazurka steps; step fwd onto front foot, Man's L, Lady's R then hop twice on trailing foot, repeat (= step/hop/hop, step/hop/hop)
- 2 Repeat first half turn and point movement.
- 2 Two Polka Mazurka steps, leading with other foot; step fwd onto front foot, Man's R, Lady's L then hop twice on trailing foot, repeat (= step/hop/hop, step/hop/hop)
- 2 Repeat second half turn and point movement.
- 8 Repeat last 8 bars.
- 32 Repeat as required

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